



M E N U

The logo is a diamond shape with a gold border. Inside, the word "WINNER" is in large, bold, gold capital letters, flanked by two gold laurel wreaths. Below "WINNER" is the text "LUXE GLOBAL AWARDS" in smaller, gold capital letters. At the bottom of the diamond is a gold silhouette of a world map, and below that is the year "2022" in gold capital letters. A bright gold starburst is located at the top right corner of the diamond.
WINNER
LUXE GLOBAL AWARDS



2022

THIS CERTIFICATE IS TO DENOTE ACHIEVEMENT OF THE HIGHEST
ORDER AS A LUXE GLOBAL AWARDS WINNER TO

RIXOS ROYAL SPA

FOR

**BEST LUXURY MOUNTAIN RESORT SPA
GLOBALLY**



LUXE
GLOBAL



AWARDS

HAUTE GRANDEUR GLOBAL EXCELLENCE

Awards 2022
Best Resort Spa in Russia

WORLD SPA AWARDS

Winner 2020

WORLD LUXURY SPA AWARDS 2021

Best luxury spa resort in Russia



ДОБРО ПОЖАЛОВАТЬ В

Rixos Royal SPA

Rixos Royal Spa invites you to a perfect world of harmony, beauty and tranquility, located at an altitude of 960 meters above sea level. Immerse yourself in a relaxing atmosphere with stunning views of the mountain peaks and unique forest landscapes of the purest natural landscapes.

Rixos Royal SPA is the pearl of the hotel, embellishing the premium vacation and five-star service at Rixos Krasnaya Polyana Sochi. A separate two-story building is connected to the main building by a covered passage, which allows you to comfortably move to the area of relaxation and caring masters.

SPA etiquette

Be sure to tell us if you have any allergies or medical contraindications, including pregnancy. We recommend using the saunas or steam room before the procedure. This will help increase relaxation.

Unfortunately, if you are late, the procedure time will be shortened and you will not be able to get full satisfaction. We will not be able to extend your time as this will delay the procedure for the next guest. If the procedure is canceled less than 3 hours before it starts, 25% of the cost of the service will be charged. In case of being late, the full service charge.

GYM FITNESS & WORKOUT



Gym workout with a personal trainer

🕒 60 💰 3 800

Group fitness workout

🕒 60 💰 700

*free for Rixos hotel guests

Yoga class

🕒 75	💰 700*	Group yoga class
🕒 60	💰 3 800	Private yoga class

*free for Rixos hotel guests

Motion optimization and biomechanics

🕒 45	💰 700	in group*
🕒 120	💰 18 000	personal

*free for Rixos hotel guests

Swimming class

🕒 60 💰 5 000

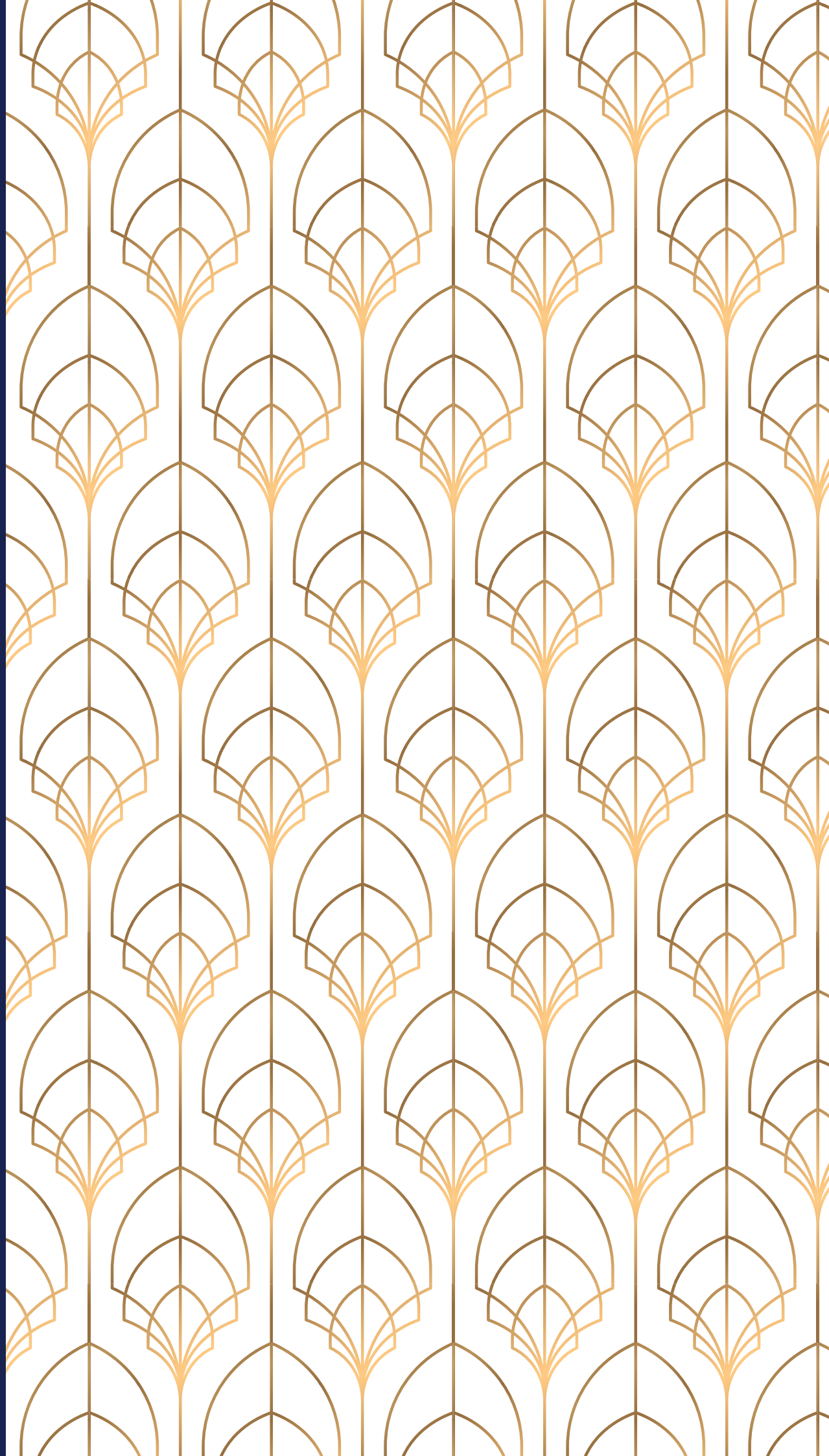
for adults and children from 6 years old

Aqua nanny: swimming class

🕒 60 💰 4 000

for children under 5 in the kid's pool

ЗВУКОВАЯ ТЕРАПИЯ



Yin or yang meditation of your choice

🕒 105

💰 24 000 / 30 000

1 person / 2 persons

Pre-registration is required 5 hours in advance

Yang meditation is a sound session using gongs and Tibetan bowls. Yin is a sound session using crystal bowls accompanied by a gentle voice. You lie comfortably with your eyes closed in a confidential atmosphere. It will allow you to dive inside yourself, deeply relax and feel the healing effect. Includes tea ceremony.

Tibetan bowl therapy

🕒 60

💰 14 400

Pre-registration is required 5 hours in advance

The session takes place in a relaxing atmosphere with pleasant music. Promotes deep and rapid relaxation of the mind, restoration of body biorhythms, relief of stress and tension, as well as regeneration of the nervous system and muscle tissue.

Gong bath therapy

🕒 120

💰 36 000

Pre-registration is required 5 hours in advance

An exclusive ritual of several stages, each of which is aimed at achieving harmony and balance in the body. Includes aroma steaming, a signature massage ritual and a hot bath to the sound of a gong.

CLASSIC MASSAGES



Relax warm oil massage

🕒 60 / 90 💰 7 500 / 9 700

Light pressure. Affects exclusively the nervous system.

Sport massage

🕒 60 / 90 💰 10 100 / 12 300

Deep pressure. 60 minutes - one body zone, 90 minutes - two body zones.

Thai traditional massage

🕒 60 / 90 💰 8 300 / 10 500

Performed by a Thai specialist. Pre-booking required.

Bali massage

🕒 60 / 90 💰 8 300 / 10 500

Performed by an Indonesian specialist. Pre-booking required.

Local zone massage

🕒 30 / 60 💰 6 000 / 7 500

Selectable areas: head, collar and shoulders, arms and hands, legs and feet, or just feet.

Classic massage

🕒 60 / 90 💰 8 300 / 10 500

Medium pressure. 60 minutes - the back and legs, 90 minutes - the whole body.

Mom-to-be massage

🕒 60 💰 8 300

You must have no contraindications to massage.

Thai oil massage

🕒 60 / 90 💰 8 300 / 10 500

Performed by a Thai specialist. Pre-booking required.

Long full body massage

🕒 120 / 180 💰 16 600 / 20 300

Super relaxation. Long full body massage 2 or 3 hours.

EXTRA

SCENT OIL OF YOUR CHOICE
500 rub.

CREAM FACE MASK DURING MASSAGE
1 000 rub.

ALGINATE FACE MASK DURING WRAPPING
2 000 rub.

MASSAGE 30 MINUTES DURING
WRAPPING
1 000 rub.

MEDICAL TREATMENTS



Lymphatic massage

🕒 60 / 90 💰 8 300 / 10 500

Relieves swelling. Recommended after a flight or long trip, or after drinking alcohol.

Vacuum-gradient ritual

🕒 60 / 90 💰 11 300 / 13 500

Please note: possible bruising on the body. Pre-booking required.

Deep tissue massage

🕒 60 / 90 💰 11 300 / 13 500

Diagnosis and deep tissue massage of disturbing body areas. Pre-booking required.

Floating in a sensory deprivation chamber

🕒 60 💰 6 500 / 9 500
for 1 person / for 2 persons

A session of 60 minutes in Epsom salt solution (magnesium sulfate) in a sensory deprivation chamber.

AROMATHERAPY



Tranquility royal ritual

🕒 120 💰 17 800

Includes scrub massage, shower, body wrap and facial treatment with premium products by Comfort Zone.

Pro-sleep massage

🕒 60 / 90 💰 8 300 / 10 500

A unique relax massage technique with brushes for slow "social" touches with Tranquility aroma oil by Comfort Zone.

Aurvedic eastern spa care

🕒 90 💰 15 500

Includes body scrub with gommage, body wrap, relaxing massage, body milk with the oriental spices scent by La Sultane de Saba.

Bride's spa care

🕒 90 💰 14 500

Includes body scrub with gommage, body wrap, relaxing massage, body milk with with the most delicate frangipani flower scent by La Sultane de Saba.

Anti-stress therapy with hot stones

🕒 60 💰 7 900

Ideal as a preparation for more intensive types of massage. Performed with Tranquility aroma oil by Comfort Zone.

Chocolate spa therapy

🕒 60 / 90 💰 8 300 / 10 500

Includes a cream scrub with natural ground coffee or fine salt and a mask wrap with a bright chocolate scent by Lia Lab.

THALASSOTHERAPY



Ocean Magnesium - Full Body Care

🕒 90

💰 14 500

Includes body peeling, wrapping, balneo care, thalasso massage and mud therapy with marine magnesium concentrate by Thalion.

Ocean Potassium - Full Body Care

🕒 90

💰 14 500

Includes body peeling, wrapping, balneo care, thalasso massage and mud therapy with marine potassium concentrate by Thalion.

Ocean Calcium - Full Body Care

🕒 90

💰 16 000

Includes body peeling, wrapping, balneo care, thalasso massage and mud therapy with marine calcium concentrate by Thalion.

Body Peel & Laminaria Sheets Wrap

🕒 75

💰 9 500

Body wrapping with algae sheets. Not suitable for irritated skin.

PEELING BAR

Express peel in hamam with kese mitt
20 min **3 900 rub.**

Body scrub with salt or sugar scrub
30 min **4 500 rub.**

Body peel with acids by comfort zone
30 min **5 200 rub.**

Body scrub with aromas scrub
by La Sultane De Saba
30 min **5 200 rub.**

Full body mineral homage by Thalion
30 min **6 000 rub.**

Body massage with small fraction peel
60 min **9 000 rub.**

Moisturizing body wrap
45 min **7 000 rub.**

Firming body wrap
45 min **7 000 rub.**

BODY CONTOURING



Deep body renewal

🕒 90

💰 10 900

Includes scrub, acid peel, wrap and body contouring massage to strengthen skin turgor. Phytotherapy by Comfort Zone.

Body tone and elasticity

🕒 45

💰 7 500

Care for atonic areas of the body: abdomen, thighs, buttocks, arms. Includes toning peeling and firming mask.

Double action simulation procedure

🕒 60

💰 8 300

Includes acids peeling and local wrapping with the effect of "heat / cold". Perfectly combined with anti-cellulite massage. Phytotherapy by Comfort Zone.

Drainage care with bandage by AROSHA

🕒 60

💰 11 300

Instant result bandages body wrap by AROSHA. Perfectly combined with anti-cellulite massage.

Body slimming massage

🕒 45

💰 8 300

Performed by manual technique.

Thermal detoxification bormio

🕒 90

💰 9 500

Bormio thermal water is rich with silicon, calcium and magnesium. Includes body peeling scrub, wrap and final care. Phytotherapy by Comfort Zone.

FACIAL TREATMENTS



Face massage

🕒 30 / 60 💰 6 000 / 7 500

Includes cleansing and massage.

Urban detox facial

🕒 60 💰 8 800

Cleansing, massage and cosmeceutical care for oily or problem skin by Comfort Zone.

Hydra mineral facial

🕒 60 💰 10 900

Cleansing, massage and mineral moisturizing care for all skin types by ThalSOURCE, Thalion.

Hydramemory facial

🕒 60 💰 7 600

Cleansing, massage and moisturizing care for all skin types by Hydramemory, Comfort Zone.

Urban longevity facial

🕒 60 💰 8 000

Cleansing, massage and cosmeceutical care for aged skin 35+ by Comfort Zone.

Recover touch facial

🕒 60 💰 8 400

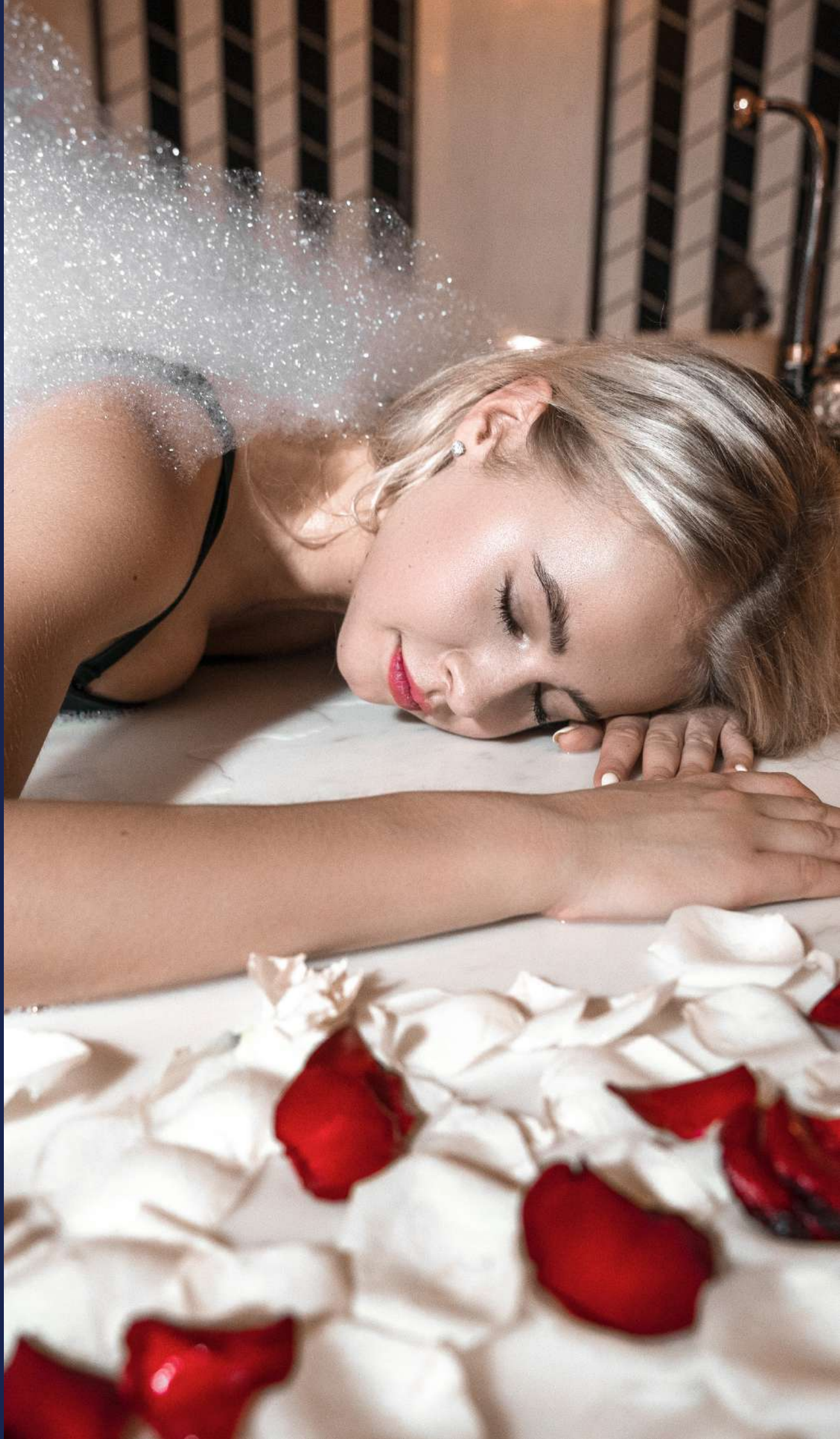
Cleansing, massage and nutritious care for all skin types by Hydramemory, Comfort Zone.

Sensi marine facial

🕒 60 💰 11 300

Cleansing, massage and mineral care for sensitive and reactive skin by Algocalm, Thalion.

PROCEDURES IN HAMMAM ANDRUSSIANSAUNA



Imperial treatment in hammam by La Sultane De Saba

🕒 60

💰 9 900

Includes body exfoliation with a kese mitt, massage with lush foam of black soap with eucalyptus, dousing with cool water.

Aypa inca-quechua ritual

🕒 60

💰 10 900

Includes scrubbing in the hammam, a warming mask on the spinal column, body massage, body cream.

Oriental body peeling with kese by La Sultane De Saba

🕒 20

💰 3 900

Oriental body scrub with salt by La Sultane De Saba

🕒 30

💰 4 500

Russian banya

🕒 45

💰 10 300

Traditional Russian bathing with oak and eucalyptus brooms in the sauna.
Available when renting a VIP suite.

SPA JOURNEY PACKAGES



Feeling light

🕒 90 💰 12 000

Includes a body peeling according to your skin type and a 60-minute light or medium tissue massage.

Southern lights

🕒 90 💰 14 500

Includes a body wrap and a 60-minute light or medium tissue massage.

Absolute balance

🕒 90 💰 15 000

Includes a 60-minute light or medium tissue massage and a facial treatment.

The bosphorus shore

🕒 140 💰 17 500

Includes a Turkish ritual in the hammam and a 60-minute light or medium tissue massage.

All inclusive body treatment

🕒 120 💰 19 000

Includes a body peel, a body wrap and a 60-minute light or medium tissue massage.

Flight over the mountains

🕒 150 💰 14 000

Includes a 60-minute body massage and a 60-minute floating session. Massage distracts the nervous system from everyday tasks, thereby prepares your brain for real relaxation and meditation in the floating chamber. Perhaps for the first time, you will realize how strong the mutual feedback between the body and the brain is.

PRIVATE SPA SUITE



Private Spa Suite

🕒 120 min.

💰 30 000 rub. for 4 persons

Extra guest - 2 000 / Extra 1 hour - 7 500

* 10 pax max.

Private SPA is only for you and your friends. The natural woods used in the interior of the Suite create a cozy atmosphere for a romantic evening in the mountains, a party or a birthday. For you there's Finnish and Russian saunas, steam room, ice tub & fountain, relaxation room with a jacuzzi and a mountain view. Russian banya and other SPA treatments, as well as food and drinks, are available for an extra charge.